



SFSP Cycle Menu Food Bank of Alaska

	Meals Lunch/Supper	61401	61402	61404	61406	61411	61417	61418	61419	61435	61437	61445
1 cup / 8 oz	Fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk	UHT 1% fluid Milk
2 ounces	Meat or Meat Alternative	Chicken Salad (1.314oz) Textured Soy Flour (0.686oz)	Peanut Butter (1.01oz) Sunflower Seeds (1oz)	Turkey Ground fresh or frozen; Butterball Turkey Stick (1oz) Sunflower Seeds (1oz)	Cheese Cheddar (2oz)	Sunflower seed butter, Sun Butter Cup (1oz) Cheese Cheddar (1oz)	Garbanzo beans, canned; Hummus (0.880oz) Ground Sesame Seeds; Hummus (0.120oz) Sunflower Seeds (1oz)	Cheese Cheddar (2oz)	Cheese Spread, Cheese Cup (1oz) Sunflower Seeds (1oz)	Chicken Boneless, fresh, or frozen, Tenders; Sweet BBQ Chicken Bites (1.43oz) Sunflower Seeds (1oz)	Peas dry, split: No Nut Butter (1oz) Sunflower Seeds (1oz)	Beef Stick (Clean Label), Beef Ground fresh or frozen, not more than 24% (1.12oz) Sunflower Seeds (1oz)
¾ cup total	Fruit/Vegetable (2 or more)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Strawberry Applesauce, Unsweetened (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Applesauce, Unsweetened (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Applesauce, Unsweetened (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Applesauce, Unsweetened (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Raisins, seedless (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Raisins, seedless (1/2 Cup)	Tomato Puree; Red Gold Marinara Sauce (2.2oz) Tomatoes Diced; Red Gold Marinara Sauce (0.14oz) Strawberry Applesauce, Unsweetened (1/2 Cup)	Tomato Puree; Red Gold Salsa Sauce (1.82oz) Tomatoes Diced; Red Gold Salsa Sauce (0.8oz) Juice Breaks Apple Juice, (100% Juice) (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Raisins, seedless (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Applesauce, Unsweetened (1/2 Cup)	Juice Breaks 100% Juices ES Foods Vegetable Punch (1/2 Cup) Raisins, seedless (1/2 Cup)
1 slice / oz equivalent	Bread or Bread Alternative	ESF Wheat Crackers (1.25oz)	Sweet Crackers; MJM Honey Grahams 3ct Whole Wheat Flour (0.67oz) Sweet Crackers; MJM Honey Grahams 3ct Enriched Flour (0.46oz)	Sweet Crackers; MJM Honey Grahams 3ct Whole Wheat Flour (0.67oz) Sweet Crackers; MJM Honey Grahams 3ct	Savory Crackers; Cheez-it Crackers Whole Wheat Flour (1oz)	Savory Crackers; ESF Wheat Crackers (1.25oz)	Savory Crackers; ESF Wheat Crackers (1.25oz)	Savory Crackers; ESF Wheat Crackers (1.25oz)	Savory Crackers; ESF Wheat Crackers (1.25oz)	Savory Crackers; ESF Wheat Crackers (1.25oz)	Sweet Crackers; Strawberry Bites Whole Wheat Flour (1oz)	Savory Crackers; Cheez-it Crackers Whole Wheat Flour (1oz)

This institution is an equal opportunity provider.