

TEFAP USDA Donated Foods Monthly Distribution Guidelines

The following are maximum distribution guidelines for USDA Donated Foods based on size of household. They should be used as a guideline, however you must consider “best-if-used-by” dates in managing inventory and distribute USDA Donated Foods in a manner that allows them to be consumed by such date.

Household Size	1-2	3-4	5-6	7-8	9-10	11 plus
Canned Fruit /Vegetables (#300 can)	2	2	3	4	5	6
Canned Soups (#300 can)	1	2	3	4	5	6
Spaghetti Sauce (#300 can)	1	2	3	4	5	6
Beans, Dry (any size package)	2	4	6	8	10	12 +
Potatoes, Dehydrated (1 lb. box)	1	2	3	4	5	6
Dried Fruit (any size packages)	2	4	6	8	10	12+
Juice, 64 oz. Bottle	1	2	3	4	5	6
Juice, Concentrate, 11 oz. Can	2	4	6	8	10	12+
Pasta (any size package)	1	2	3	4	5	6
Rice (any size package)	2	4	6	8	10	12+
Cereal (12-16 oz. box)	1	2	3	4	5	6
Nuts (Walnut, Pistachio) (any size package)	1	2	3	4	5	6
Beef Stew (24 oz. can)	1	2	3	4	5	6
Canned Beef or Pork (24 oz. can)	2	4	6	8	10	12+
Peanut Butter (18 oz.jar)	1	2	3	4	5	6
Instant Non-Fat Dry Milk (12.8 oz)	1	2	3	4	5	6
Oats, Rolled (42 oz. Tube)	1	2	3	4	5	6
Macaroni and Cheese (7.25 oz)	2	4	6	8	10	12+
Chicken, Canned or Pouch	1	2	3	4	5	6
Pork Chops or Roast	1	2	3	4	5	6
Chicken, Whole Frozen	1	2	3	4	5	6
Chicken, Breast (5 lb. pkg)	1	2	3	4	5	6
Beef, Ground (1 lb. pkg)	1	2	3	4	5	6
Alaskan Pollock, (sticks or fillet)	1	2	3	4	5	6