

Hunger in Alaska: Fast Facts

FOOD BANK
of ALASKA



The Need

- **1 in 6 Alaskans** experiences food insecurity, based on the latest Map the Meal Gap Report from Feeding America
- **1 in 5 children** lives in a household that struggles to access enough food.
- Food prices in Alaska are among the highest in the nation, with many communities paying **40% to 60% more** for groceries than the national average.
- **1 in 10 Alaskans** relies on SNAP (Supplemental Nutrition Assistance Program) to help put food on the table.
- Food insecurity affects people in every part of Alaska, from rural villages to urban neighborhoods.

What Hunger Looks Like

- Hunger is not always visible. It can mean skipping meals, stretching food to last, or choosing between groceries, heat, and rent.
- Families facing food insecurity often have at least one working adult, but high costs make it difficult to make ends meet.
- Many rural communities depend on seasonal shipments or air cargo for supplies, which are easily disrupted by weather and transportation delays.

Why It Matters

Food insecurity impacts physical and mental health, school performance, and community stability. Reliable access to nutritious food helps children learn, adults work, and seniors stay healthy and independent.

Our Response

- Food Bank of Alaska distributes food through a **statewide network of 150+ partner agencies**, including pantries, meal programs, and shelters
- In FY25, we distributed **10.1 million pounds of food**, providing millions of meals to Alaskans in need
- More than **2 million pounds** of that food was donated freight and rescued food that would have otherwise gone to waste
- Every **\$1 donated helps provide nearly 2 meals** to someone in need

You Can Help

- **Donate:** Every dollar helps provide nearly 2 meals
- **Volunteer:** Your time keeps our operations moving
- **Fundraise:** Create a campaign to raise awareness and meals
- **Advocate:** Support policies that strengthen food access in Alaska

Learn more or get involved at foodbankofalaska.org

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